

SCHEDULE

6:00 Rising
6:30 Morning Prayers
6:40 Meditation
7:10 1st Rosary
7:25 Breakfast
8:00 Preparation of vegetables and fruits
8:30 Cleaning of convent
9:15 Explanation of the Constitutions -
Catechism of the Religious State -
Spiritual Reading - Notes
10:30 Portuguese - some latin
11:00 Sewing, washing, ironing, mending, crafts, etc,
2nd rosary.
12:00 Angelus
12:25 Particular Examen
12:45 Lunch
1:30 Recreation
2:30 Visit to the Blessed Sacrament
3:30 Spiritual Reading (sewing and crafts)
4:00 3rd Rosary
4:15 Sewing and crafts
6:00 Dinner
6:45 Recreation
7:30 Conference by Father Aloysius or study period
8:00 Mass and Communion
9:00 Evening Prayers
9:15 PROFOUND SILENCE
10:00 LIGHTS OUT!!!!

DURING MEALS --

Reading of the Rule of Saint Augustine once a week.
Spiritual Reading -
Constitutions to be read so as to read them twice
during the year.